

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
<p>1</p> <p>*(<b>\$</b>)Make up day for Ballet &amp; Jazz only 1-5pm</p>	<p>2</p> <p>***(<b>\$</b>)Contemporary Dance Mondays@5:30pm</p> <p>****Muscle of the Month: Chest@6pm</p> <p>**Muscle of the Month:Chest@6pm</p> <p>*Kid Fit 4 Fun every Mon. @9:30 (2-5yrs)</p>	<p>3</p> <p>(<b>\$</b>) Gentle Yoga Tuesdays @1:30pm</p>	<p>4</p> <p>*(<b>\$</b>) Tai Chi Wednesdays @8pm</p> <p>**(<b>\$</b>)Pointe Dance Wednesdays @7pm</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>*(<b>\$</b>)Regular Axial Dance 12-5pm</p> <p>***Freestlye meet @Central Park Aquatic Center</p> <p>**NO SWIM LESSONS</p>																																																																																																		
<p>8</p> <p>***Freestlye meet @Central Park Aquatic Center</p> <p>**NO SWIM LESSONS</p>	<p>9</p> <p>**Columbus Day Mini Camp 8:00-3:00</p> <p>**NO SWIM LESSONS</p>	<p>10</p> <p>Muscle of the Month: Chest@11am</p>	<p>11</p>	<p>12</p> <p>FREE Hydrofit</p>	<p>13</p> <p>FREE Group Fit Buddy Day</p>	<p>14</p> <p>*(<b>\$</b>)Hip Hop only @12pm</p> <p>****Oct Open Freedom Center</p> <p>***Popovich Sr. Meet @ Claude Moore Rec Center</p> <p>**NO BALLET OR JAZZ TODAY</p>																																																																																																		
<p>15</p> <p>(<b>\$</b>)Axial Dance - Ballet &amp; Jazz make up date 1-5pm</p> <p>***Popovich Sr. Meet @ Claude Moore Rec Center</p>	<p>16</p>	<p>17</p>	<p>18</p> <p>Muscle of the Month: Chest@11am</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>**(<b>\$</b>) Regular Axial Dance 12-5pm</p> <p>*Kid's Nite Out (5-9pm)</p>																																																																																																		
<p>22</p>	<p>23</p> <p>FREE Hydrofit</p>	<p>24</p>	<p>25</p> <p>FREE Weight Room/CV Room Buddy Day</p>	<p>26</p>	<p>27</p> <p>**NOVA Classic Richmond, VA</p> <p>*Craft Fair (9-6)</p>	<p>28</p> <p>**NO BALLET OR JAZZ TODAY - MAKE UP TOMORROW 1-5PM</p> <p>***OCCS Stroke Meet</p> <p>**Hip Hop Only @12pm</p> <p>**NOVA Classic Richmond, VA</p> <p>*Craft Fair (9-6)</p>																																																																																																		
<p>29</p> <p>***OCCS Stroke Meet</p> <p>**Axial Dance/ Ballet &amp; Jazz make up 1-5pm</p> <p>*Craft Fair (9-6)</p>	<p>30</p>	<p>31</p>	<table border="1"> <thead> <tr> <th colspan="7">Sep 2017</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> </tr> </tbody> </table>		Sep 2017							S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	<table border="1"> <thead> <tr> <th colspan="7">Nov 2017</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table>		Nov 2017							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Sep 2017																																																																																																								
S	M	T	W	T	F	S																																																																																																		
					1	2																																																																																																		
3	4	5	6	7	8	9																																																																																																		
10	11	12	13	14	15	16																																																																																																		
17	18	19	20	21	22	23																																																																																																		
24	25	26	27	28	29	30																																																																																																		
Nov 2017																																																																																																								
S	M	T	W	T	F	S																																																																																																		
				1	2	3																																																																																																		
4	5	6	7	8	9	10																																																																																																		
11	12	13	14	15	16	17																																																																																																		
18	19	20	21	22	23	24																																																																																																		
25	26	27	28	29	30																																																																																																			